



## Music for Our Little Ones

### Develops Your Child's

- ♪ intellectual skills
- ♪ emotional skills
- ♪ social behaviour
- ♪ motor skills
- ♪ listening ability
- ♪ concentration skills
- ♪ and contributes to a positive self image

[www.samusicsschool.co.za](http://www.samusicsschool.co.za)

The SA Music Appreciation and Development School offers therapeutic music and movement programs – **Music for Our Little Ones** – for children from 1 to 6 years old. The experience gained by Anna Coetzee (B.Mus., U.T.L.M.) and Dr. Lydia Dreyer (Psychologist) since 1977 led to the establishment of this music school in an effort to specifically target the South African child and the world he/she lives in. These are the first programs of its kind.

**The programs emphasise the fact that goal-orientated music activities can develop a child's music appreciation abilities and his/her love for music. It also helps to develop the child's intellectual, emotional, social, motor, listening and concentration skills. These skills contribute to the promotion of its positive self image.**

**The programs are based on the supposition that all children are musical and, if applied correctly, music will stimulate the child's overall development. The child's specific developmental stages as well as the development tasks that should be mastered by him/her are continually taken into consideration. Therefore the child gets the opportunity to discover music and develop optimally as an individual.**

The programs are available in both English and Afrikaans. It consist of two modules spread over four terms. Each module consists of lessons that have unique themes and become increasingly difficult as the child progresses. Colour illustrations and sound material on CDs are used throughout. Pupils are exposed to a variety of sounds such as sounds around the house and in nature, as well as the Baroque, Classical, Romantic, Modern, Folk and Jazz music styles.

### Lessons consist of the following:

- ♪ Discussing educational information and reading a story that ties in with the theme of the day.
- ♪ Learning a song or rhyme about the theme.
- ♪ Listening to sounds relevant to the theme.
- ♪ Learning a new musical concept and relevant educational information.
- ♪ Participating in a movement activity or learning a dance.
- ♪ Playing music games; a scene from a story is interpreted by means of movement or facial expression.
- ♪ Playing percussion instruments or African music, or reading from a score.
- ♪ Creative drawing or colouring in.